



My Health LA (MHLA) Drug and Alcohol Treatment Services

Do I need help with a drug or alcohol problem?

- ◆ In the last 3 months, have you felt you should cut down or stop drinking or using drugs?
- ◆ Has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs?
- ◆ Do you feel guilty or bad about how much you drink or use drugs?
- ◆ Do you wake up wanting to drink alcohol or use drugs?

If you answered yes to at least 2 of these questions, you may want to consider getting help. MHLA is here to help you!

The MHLA program is working with the Los Angeles County Department of Public Health's (DPH) Substance Abuse Prevention and Control Division (SAPC) to provide drug and alcohol treatment services for MHLA participants who may need it.

What drug and alcohol treatment services can I get?

Drug and alcohol treatment services are available free of charge to MHLA patients.

These services include, but are not limited to, the following:



Early Intervention—Screening, immediate help, and referral for treatment at your Medical Home Clinic.

Detoxification Services—This is a program to help get rid of alcohol or drug toxins in your body.

Residential—Sometimes called “Inpatient.” This is where you stay at the treatment facility.

Outpatient—You get treatment for 6 to 9 hours per week.

Intensive Outpatient—You get treatment for 6 to 19 hours per week.

Case Management—This is a health assessment and care coordination with your Medical Home Clinic.

How can I get into treatment?

There are two ways you can access drug and alcohol treatment services:

1. You can call the Los Angeles County DPH line at **1-888-742-7900**. You will be transferred to a Community Assessment Services Center (CASC) closest to where you live.
2. You can also get a referral from your MHLA Community Partner Medical Home Clinic.

You can find more information at SAPC's website: <http://publichealth.lacounty.gov/sapc/findtreatment.htm>. You can also call MHLA Member Services at **1-844-744-6452** for general information.

All MHLA Program Participants will be receiving a new MHLA ID card with the MHLA Member Services and DPH phone numbers on it.